

Friends In Service PEARS Rotary Club of Bicholim





SPECIAL ISSUE

Volume XXXIII

SEPTEMBER 2025



R I President
Rtn Francesco Arezzo







Global Grant Project

SMITA"
BRINGING SMILES

DEDICATION CEREMONY OF GLOBAL GRANT PROJECT



First Global Grant Project of the Club was dedicated to Keshav Seva Sadhana's Narayan Zantye School for Special Children at the hands of PDG Rtn Vinaykumar Pai Raikar and PDG Rtn Gaurish Dhond



District Governor

Rtn Arun Daniel Bhandare



President

Rtn Damodar S Prabhu



Secretary

Rtn Dr Jyoti S Sawant









GLIMPSES OF INAUGURATION OF CLUB'S FIRST GLOBAL GRANT PROJECT ON 6th AUGUST



"Ganesh Pujan" was performed before the Inauguration of the Project by Past PDG's Rtn Dr Vinaykumar and Rtn Gaurish along with Mr Laxman Behre



PDG's Rtn Dr Vinaykumar Pai Raikar and Rtn Gaurish Dhond inaugurating one of the three therapy center's commissioned as part of this project



Special Students of Keshav Seva Sadhana School, welcoming the Guests through a well composed song



President of Club- Rtn Damodar Prabhu welcomed the Guests and Invitees



Rtn Tanvi Sawant shares her experience of association with this Global Grant Project

IMRAYAN Z

SMILE....of SATISFACTION

Architect of the Project Rtn Sargam
Falari sharing his experience on first

Global Grant Project of Club

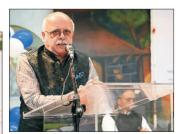
Function was addressed by



Rtn Ajay Menon



PDG Rtn Gaurish Dhond



PDG Rtn Dr Vinaykumar Pai Raikar



Mr Laxman Behre (Secretary of Keshav Seva Sadhana-Goa) shares his experiences with RCB team and Past PDG's



PDG Rtn Gaurish and Rtn Dr Vinaykumar listens to the demonstration of facilities provided at Therapy Center's with rapt attention





President Message

Greetings to all my fellow Rotarians,

I am overjoyed and feeling a sense of pride as write this message for this SPECIAL ISSUE of our monthly bulletin "Amigo" which is being released along with September'25-month issue

to commemorate the "Completion and Dedication of our First Global Grant Project"

As you are aware, Rotary Club of Bicholim (RCB) was charted in the year 1993 and after 32 years of dedicated Service above Self, the Club was able to break the barrier of not having a Global Grant Project. Therefore, the date 6th August 2025 will be a red-letter day in the history of RCB.

The story of RCB's first Global Grant Project, originates two years back, when Rtn Sargam Falari, was chosen as President Nominee in RIY 2021-22. As a potential club leader, he wanted himself to get updated on the Rotary Knowledge and Leadership Skills. To achieve this, he attended Rotary Leadership Institute (RLI) seminar, in which a special session on Global Grants caught his attention.

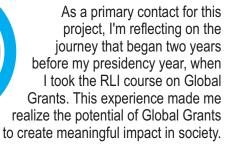
For next two years, from identifying the project (to align with a Rotary Area of Focus), completing the Qualification Process, creating a proposal, Meeting District Requirements and finding an International Partner it was a roller-coaster ride. But Rtn Sargam was a man on

Contd. page 17

REFLECTIONS ON GLOBAL GRANT GG2465007 SMITA

-Rtn Sargam Falari

Primary Contact for the Project



This project consisted of taking a small step at a time, which ultimately resulted in multiple steps till the completion of the project. This was also an education for me and my support team from RCB as it was our maiden Global Grant Project and every exercise or action was a learning experience and also a knowledge building exercise. Overall, this journey which started in November 2023 has been simply amazing, with plenty of emotions, stress and with lot of up and downs but the final outcome has been rewarding.

Challenges and Triumphs

Identifying the Project: It took almost six months to explore different areas and finalize the project with Keshav Seva Sadhana's Narayan Zantye School for Special Children in Bicholim.

Execution: The journey from project identification to completion took 18 months, filled with emotional highs and lows.

Teamwork: I'm grateful for the support of my club members, international partners (Rotary Club of Lake Arrowhead District 5330), and the school management.

Impact and Gratitude

Project Impact: SMITA will contribute to the all-round development of special children, providing them with *Contd. page 17*

DAMODAR S. PRABHU

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MESSAGE FROM CHAIRMAN OF KESHAV SEVA SADHANA SCHOOL FOR SPECIAL CHILDREN -Rtn Sagar Sheye

We are deeply grateful to the Rotary Club of Bicholim for their generous support through the Global Grant, which has brought a significant transformation to Keshav Seva Sadhana's School for Special Children, Bicholim. This initiative has enabled us to establish well-equipped departments of Physiotherapy, Speech and Audiology, and Occupational Therapy, along with a

structured Teacher Training Program.

Through this grant, we have been able to:

- Create a professionally designed, well-lit, and child-friendly environment.
- Provide advanced facilities for children with neuro developmental delays such as Cerebral Palsy, Downs Syndrome, Autism, Learning disabilities, and other genetic conditions.
- ➤ It also aids in helping the professionals to use hands on practice and modern equipment's in a spacious set up where various conditions can be addressed in a structured manner.
- Train teachers to deliver holistic, evidence-based care and education.

The upgraded infrastructure and innovative design now allow for seamless integration of therapeutic and rehabilitation services within our school environment. This amalgamation of modern equipment with customized child-centered spaces ensures that every child receives intervention in the most effective and engaging manner.

Importantly, this project not only strengthens our current services but also opens new avenues for the future. With these resources, we are now prepared to expand our scope into early intervention programs for young children as well as rehabilitation services for the adult population.

On behalf of the entire team and families at Keshav Seva Sadhana, we extend our heartfelt thanks to the Rotary Club of Bicholim and all partners involved in this Global Grant project. Your contribution has sown the seeds for lasting change, creating opportunities for growth, independence, and dignity for individuals with special needs. "Together, we are building an inclusive future".

MESSAGE FROM IPDG RTN SHARAD PAI

It is indeed a great feeling when you reach out to the people who need some support in their life. Dear Sargam, you did that with so much dedication and passion. I remember visiting this school after my nomination as District Leader. You felt

being a small club with limited resources cannot take up Global Grants but your commitment to do good in the world made it happen eventually. I am sure it must be one of the happiest moments in your life. There are solutions to every challenge we face in our endeavours to scale the expectations of everyone. You did that not only with utmost precision but created a legacy to take up a grant program by your club Leadership. Within a span of just one year your club has taken up yet another grant which is expecting approval soon.

I'm extremely sorry that I couldn't make it for the dedication ceremony today because of some prior commitments. Surely will have a visit to witness this grant under operation. My sincere and best wishes to all the members who were involved in this Grant. Convey my thanks to donors, international partners, vendors, teaching staff and those who are going to render their services.

Before I conclude my personal thanks for becoming 2^{nd} Level Major Donor during last year. Keep up your good work in the years to come.

With warm regards

Rtn. Sharad Pai District Governor 2024-25



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GLOBAL GRANT PROJECT OVER-VIEW

What is Global Grant:

- > The Rotary Foundation (TRF) offers two types of grants namely District and Global.
- Global Grants support large international activities with sustainable, measurable outcomes in Rotary's areas of focus.
- Global Grants can support and fund:
 - > Humanitarian projects
 - > Scholarships for graduate-level academic studies
 - > Vocational training teams, which are groups of professionals who travel abroad either to teach local professionals about their field or to learn more about it the mselves

Details of RCB'S First Global Grant Project:

Where -

> Keshav Seva Sadhana's Narayan Zantye School for Special Children, Bicholim (Present Strength - 180 Special Children)



What-

Under this project, following facilities will be provided to School

- > Audiology and Speech Therapy and set up including Consultation Room
- > Physiotherapy set up including Consultation Room
- > Occupational therapy set up including Consultation Room and Dark Room
- > Professional advanced teachers training program

How it will be of use -

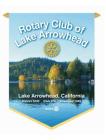
- > Set-ups namely (1) Audiology and Speech Therapy (2) Physiotherapy and (3) Occupational Therapy will help special children to develop faster so that they get back into main-stream
- > Above set-ups will enable the therapist (appointed by school) with data and accessories that will help the child to develop faster
- > These set-ups will also cater to private consultants on prior appointments
- > Will enhance the teacher's skills to deal with the child in more efficient way which will enhance co-ordination between therapist and teacher

Project Partners:

- ➤ Host Club: Rotary Club of Bicholim (RI District 3170) (Primary Contact: Rtn Sargam Falari)
- > International Partner: Rotary Club of Lake Arrowhead (RI District 5330)
 - (Primary Contact: Rtn Joseph Ramos)
- > Supported by: Rotaract Club of Bicholim Rotary Foundation of Rotary International







Total Cost of Project and Funding:

- > Total Cost of the Project: \$63,217 (Equivalent to Rs 55 Lakhs)
- > Amount Funded by Global Grant: \$48,217 (Equivalent to Rs 41.95 Lakhs)
- Amount through CSR: \$ 15,000 (Equivalent to Rs 13.05 Lakhs)

Expenditure:

Split of the expenditure of project cost is as follows:

- Audiology and Speech Therapy Set-up: \$26,492
- Physiotherapy Set-up: \$11,381
- Occupational Therapy Set-up: \$5,634
- > Teachers Advanced Training Program: \$3,614
- Rotary International Processing Fee: \$ 1096
- Consultation rooms and Therapy rooms Set-ups (Air conditioning, Electrical work, Painting, Full Furniture and Fabrication work): \$15,000 (approx.)

Project Goals:

- > Audiology and Speech Therapy, Physiotherapy and Occupational therapy set-ups will help the Therapist for early diagnosis, treatment and faster development of the child
- > Teachers training program will train the teachers with latest techniques to engage with students, parents and therapist

Project Highlights:

- First Global Grant Project of Rotary Club of Bicholim since inception
- Classic Example of Rotary CSR partnership
- > Benefitting more than 250 special children per year
- > Around 8000 sessions by therapist per year
- > School will be providing consultation service to general public on appointment basis on Saturday with minimum charge
- > Only facility available in Bicholim Taluka

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MESSAGE FROM PRESIDENT OF ROTARACT CLUB OF BICHOLIM

-Rtr Shefali Shetgaonkar

Rotary Club of Bicholim has successfully completed its Global Grant project Smita — a noble initiative that has brought Occupational Therapy, Speech Therapy, Audiology, and Physiotherapy

facilities to the specially-abled children at Keshav Seva Sadhana, Bicholim. This school has been a beacon of hope for children with special needs, and with this new set-up, their journey towards holistic growth and inclusion in society has received a new boost.

Rotaract Club of Bicholim feels privileged and honored to have played a small role as a partner in this life-changing project. For us, it was not just about contributing, but about standing together for a cause that truly transforms lives. Every child deserves equal opportunities, and projects like Smita ensure that they get the right support, care and guidance to lead a dignified life.

We extend our heartfelt gratitude to our home club – Rotary Club of Bicholim – for always believing in us and creating opportunities for young Rotaractors to be part of such impactful initiatives. This collaboration has strengthened our belief that service above self is the highest form of humanity.

Smita is not just a project; it is a promise. A promise of hope, growth, and a brighter future for children who need special care. We are proud to have been part of this journey and look forward to many more opportunities to serve and make a difference.

OCCUPATIONAL THERAPY SET-UP

-Dr Namrata Chodankar

In-charge, Occupational Therapy

Occupational Therapy is a health profession that helps people of all ages develop, recover, or maintain the skills needed for daily living and meaningful activities (known as "occupations"). The goal behind the therapy is to improve the quality of life, gain functional independence and participation in everyday

roles.

Equipment's and Infrastructure:

The facilities which are presently provided at this set-up are:

Sensory integration tools are essential to help children regulate their responses to sensory input. Children with sensory processing difficulties (such as those with autism, ADHD, developments delays) may be either over responsive or under responsive to sensations. These tools provide controlled sensory experiences that help the brain process and organize input more effectively.

- Auditory processing: Auditory Stimulation Board is helpful in sound discrimination, background noise management Microphone for Kids for singing/speaking to encourages vocalization, social interaction, and confidence
- Proprioceptive input: weighted jacket, weighted blanket, lap pads weight cuffs provide calming sensory effect when worn on body by providing deep pressure which helps enhance body awareness, reduce hyperactivity. Ball pool provides proprioception to whole body.
- 3. **Oral motor input: Oromotor Kit** containing whistles, blow toys, straws, chew tools and bubble liquid solution for blowing bubbles helps in regulating oral sensory processing., breath support, oral motor control needed for speech and language.
- 4. Vestibular input: Disc Swing, glider swing, platform swing, lycra swing when used with Gentle swinging, slow rhythmic spinning motions can calm the child whereas faster or rotational movements can alert the child, helping to manage hyperactivity and support optimal arousal levels.

Contd. page 7









Occupational Therapy Set-up Contd.from page 6

- 5. Visual processing: Glow in the dark paint, Radium Tape **Sticker** – (Glow tape used for visual cues on floors/walls.) **Visual Sensory Toys** – Light-up, spinning, or reflective toys. Stimulate visual tracking, scanning and visual discrimination.
- 6. Tactile processing: Tactile Brushes (Brushes used for sensory input on skin) and Texture Boards on Ground (Boards with different textures to walk/crawl on) Enhance tactile processing, foot sensitivity, and body awareness via tactile discrimination through feet/hands.

Fine Motor Training:

These are specially designed materials and equipment that help children develop the small muscle movements of hands and fingers. These muscles are essential for carrying out everyday tasks like holding and using a brush, spoon, pen, comb, buttoning, tying shoelaces etc that require precision, coordination and strength. In occupational therapy, fine motor tools serve the following functions

1. Strengthening Hand Muscles and Grip

Tools like Hand Dynamometer (Grip strength assessment tool), Hand Gripper, Wonder Putty - (Resistance putty used for hand exercises), gel exercise ball build strength in fingers, hands and wrist. Stronger muscles improve endurance for tasks such as writing, drawing, and using scissors.

Improving dexterity and coordination

Tools like Pop Suction Fidget Toy, Pin Board, Threading large Buttons kit, Hand Function Mini Gym Box help improve precise finger movement. Dressing Frames and door Latch frames with door latches, locks aids in independence of the daily living tasks

Chakla Belan- simulates rolling dough. Aids in Daily living and pre-vocational cooking skills

Lacing Dog - dog-shaped board with holes and lace. Prepares the child for shoe-tying readiness Jumbo Nut and Bolt - Large toy nuts and bolts for screwing activities. Helpful in vocational training.

Enhancing pre writing skills

Carving English Alphabet (Uppercase), Carving Numbers (0-9) - are boards used to trace letters. They help in letter and number recognition with tactile feedback. Builds muscle memory for handwriting. Pencil Grippers are slipped onto pencils to help correct improper grasp, helping them to hold

he writing tool correctly, improve handwriting, reduce fatigue while performing writing activity

Gross Motor Training:

Gross motor tools help children develop large muscle strength, coordination, balance, and overall body awareness. In occupational therapy theses are essential because they support the foundation skills needed for posture, movement, and participation in play and self - care activities

1. Postural control and alignment

Adjustable Standing Frame to maintain an upright, weight bearing posture.

CP Positioning Chair is a special chair for children with cerebral palsy. It provides proper posture, trunk support, and alignment during functional tasks

Therapy Bench - Adjustable height bench for seated activities.

Student Locking Chair with Footrest - Secure chair with adjustable support. Provides proper sitting posture during daily tasks for kids not able to sit in one place.

Bolsters (cylindrical cushions) - Used as active props for stretches during various therapeutic exercises.

2. Strengthening core and large muscles

Medicine Balls (1kg, 2kg, 3kg) - for throwing, catching, and exercises, Jungle Gym Frame for climbing, Tunnel for crawling, Therapy balls (spike, peanut) used for sitting, rolling, bouncing during therapeutic activities.

3. Enhancing balance and coordination

Tools like Balance Beam. Equilibrium Board are used to develop static and dynamic balance. Foldable Wedges are inclined foam wedges used during balance training activity. These skills help children enhance body stability helping them to move confidently, avoid falls and participate in sports and playground activities.

4. Enhancing Bilateral coordination

Activities involving jump ropes like trapeze bar (Swing bar for hanging and swinging) and wall climbers (Wall mounted platform with grips for climbing activities) require both sides of body to work together. Theses strengthens bilateral integration which supports skills requiring simultaneous involvement of both side of body.

Contd. page 8





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Weddings





Birthday Event Family Events Office Event



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Occupational Therapy Set-up -Contd.from page 7

5. Building endurance and stamina Treadmill for Kids - Child-sized walking pad. Enhances stamina, endurance, cardiovascular fitness, repetitive gait

training

Cognition and Visual Perceptual Training:

Cognition and visual perception are critical skills for learning, problem solving, and independent living. Occupational therapy uses specialized tools and structured activities to strengthen memory, attention, reasoning, and the ability to interpret visual information.

Clock Season Calendar - A teaching aid for orientation to time, seasons, and daily routines.

Counting Dots Pairing Set, Inset Shape Fraction Board with Knob, Number Butterfly Puzzle Strip-teaches fractions, numerical recognition and sequencing helping strengthening early math skills.

Flash Cards - used for language, memory, visual recognition, and learning concepts.

Form Boards, Shape Sorting Board, Wooden Shape Box, Pega-Shape, Build-a-Tower (Oval, Plus, Rectangle), Seriation Puzzles - Enhances shape and size recognition

concepts, problem solving, visual perception skills, logical sequencing and hand-eye coordination

Rainbow Color Board, Peg and Color Grading -Colorful board used for color identification, sorting, sequencing. Improve visual discrimination skills

My Face Puzzle, Double Hand Puzzle with Knob, Number Feet – teaches face and body parts, right and left discrimination. Builds emotional recognition and body

Magnetic Domestic Animals, Magnetic Vegetables, Inset Trays (Bird, Owl, Dragonfly, Elephant)-Enhances visual recognition, categorization, sorting, pretend play and language development

Safety Equipments:

Therapy floor Mats, Eva foam mats, crash pad - Ensure safety during therapeutic handling of the child. Provide a safe, cushioned surface during gross motor play. Functions as a safe soft landing surface for jumps. Reduces injury risk during active

Cupboard with Lock – Used to store therapy tools and files securely

OCCUPATIONAL CENTER & FACILITIES







Gross Motor Training Area

Platform Swing









Well designed and equipped Consultancy Room

Sensory Motor Area

Balance Beam in figure of 8

BY ABR ENGITECH

Glider Swina

PVC DOORS

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Level Up Your New Beginning!!



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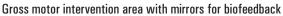


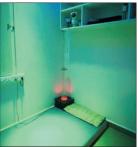


Occupational Therapy Center & Facilities
Contd. from page 8

OCCUPATIONAL THERAPY CENTER & FACILITIES



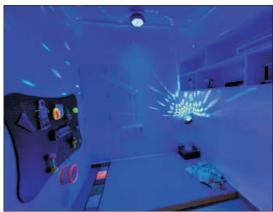




Visual Stimulation Space



Auditory Stimulation Board



Multisensory Room



Wall Climber



Fine motor training section



Textured mat for massage



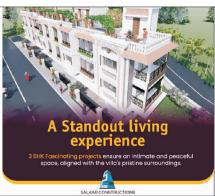
Clock season calendar

Contd. page 10



Cognition and Perception activity boards

Salkar Constructions is a real estate developer and building services provider located in Bicholim, Goa, specializing in comprehensive contracting and building solutions. They offer a range of services for construction and development projects, aiming to fulfill clients' visions with their expertise









Occupational Therapy Center & Facilities

Contd. from page 9

OCCUPATIONAL THERAPY CENTER & FACILITIES



Trampoline for jumping and climbing ladder



Jungle gym frame and obstacle crossing



Child sized walking pad



Ball Pool



Cognitive perceptual activity section



Dressing frames



Hand function gym box



Mulitextured floor mats



Door latch frame



Cognition and Perception activity boards

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AUDIOLOGY AND SPEECH THERAPY SET-UP



-Dr Deepaswi S. Sawant

In-charge- Audiology and Speech Therapy

"Audio speech therapy" refers to the combined and coordinated care of audiology and speech-language pathology, focusing on communication disorders, hearing issues, and swallowing difficulties.

Audiology Set-up:

This is equipped with following equipment's:

Sound Treated Room- This is acoustically treated room with following features-

- ➤ Eliminates Background Noise
- > Enhances Speech and Hearing Assessments
- > Improves Attention and Focus
- > Supports Accurate Diagnosis and Therapy
- Promotes Privacy and Confidentiality
- > Enhances Client Comfort and Engagement
- > Facilitates High-Quality Audio Recording

Instrumentation for Audiological Evaluation- Following instruments are provided for Audiological Evaluation

(a) PTA (Pure Tone Audiometry)

- Measures a person's hearing thresholds across various frequencies
- ➤ Identifies the type (conductive, sensorineural, mixed) and degree (mild to profound) of hearing loss
- Helps in fitting hearing aids and planning auditory rehabilitation
- > Provides quantitative data for hearing sensitivity

(b) Immittance Audiometry with Acoustic Reflexes

- > Evaluates middle ear function by measuring eardrum mobility in response to changes in air pressure
- Detects fluid in the middle ear, eustachian tube dysfunction or perforated eardrum
- Acoustic Reflex Testing checks the involuntary muscle contraction in response to loud sounds, offering insights into the auditory nerve and brainstem function

(c) Otoscope

➤ Used to visually inspect the ear canal and eardrum (tympanic membrane).

➤ Helps detect conditions like wax impaction, ear infections, perforations, or foreign bodies.

(d) PAS Audiometer (Screener)

- ➤ PA5 Audiometer is a type of portable audiometer, often used for screening and basic audiometry. Ideal for field testing, school screenings, or remote clinics
- Used for basic hearing screening and threshold detection

(e) Hearing Aids (Rechargeable)

Following Hearings Aids are part of this facility

- > Orion C & G P/SP T-200 BTE 10-120 with Charger
- > Orion C & G P/SP T-200 BTE 10-120 (Pair) with Charger

The advantages of these re-chargeable Hearing Aids is that there is no need of frequent battery replacement and these are eco-friendly, cost-effective. Also are long lasting for daily use with quick re-charge cycles.

Speech Therapy Set-up:

This is equipped with following equipment's:

Oromotor Kit- Following instruments are provided as part of this kit-

(a) Talk-Tools Kit (Horn kit, Blow kit and Chewy Tubes)

- Supports oral motor therapy to improve speech and feeding skills
- Horn and blow tools enhance breath control, lip closure, and coordination
- Chewy tubes assist in developing jaw strength and stability

(b) Spinner and Toothies

- Spinner: Provides visual stimulation and can be used for calming or focusing attention
- > **Toothies:** Textured oral tools used for sensory input and oral stimulation; help with tactile awareness in the mouth

(c) Jaw Exerciser

- > Strengthens jaw muscles and improves jaw stability
- > Supports speech production and feeding development

(d) Maple Bear Bottle

- Specialized bottle designed to support proper oral posture, breath control and muscle coordination during drinking
- ➤ Helps to promote correct tongue placement and oral motor patterns related to speech sounds

Contd. page 12



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Audiology & Speech Therapy set-up Contd. from page 11

(e) TENS Stimulator (Transcutaneous Electrical Nerve Stimulation)

- ➤ Delivers mild electrical impulses to stimulate nerves and muscles involved in speech and swallowing
- ➤ Enhances muscle strength and coordination in the oral and pharyngeal regions
- ➤ Often used as part of therapy for dysphagia (swallowing difficulties) and speech motor disorders

Sensory Stimulation- Following instruments are provided as part of this kit-

(a) Ball Pool and Sensory Wall Panel

- ➤ Ball pool provides tactile and proprioceptive input, enhancing sensory integration
- > Sensory wall panels offer visual, auditory, and tactile stimulation
- Helps in calming, attention-building, and motor skill development

(b) Weighted Jackets

- ➤ Provides deep pressure input to calm the nervous system and enhance body awareness
- Helps in reducing anxiety, hyperactivity, and sensoryseeking behaviours

AUDIOLOGY AND SPEECH THERAPY CENTER & FACILITIES





Innovatively Designed "Audio and Speech Center" features personalized decorative artwork and excellent lighting which enhances the atmosphere and making room more appealing







Upon entry to this center, it evokes the feeling of peace, relaxation and positivity and enhance overall sense of well-being

Contd. page 13





Audiology & Speech Therapy Center & Facilites Contd.from page 12

AUDIOLOGY AND SPEECH THERAPY CENTER & FACILITIES







Specially constructed Sound Treated Room is the feature of this center





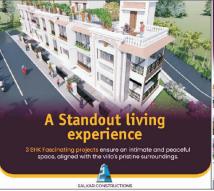




Sensory Wall Panel Talk Tools **Balanced Board Ball Pool**



Salkar Constructions is a real estate developer and building services provider located in Bicholim, Goa, specializing in comprehensive contracting and building solutions. They offer a range of services for construction and development projects, aiming to fulfill clients' visions with their expertise













094223 87905

Weddings





SEPTEMBER 2025



PHYSIOTHERAPY SET-UP

- Dr. Neha V. Gaonkar In-charge Physiotherapy



Physiotherapy set-up at Keshav Seva Sadhana School is a well-designed space with specific treatment and common areas and equipped with essential physiotherapy equipment including electrotherapy, ultrasound machines, and exercise tools. It has been thoughtfully designed and furnished to meet the unique needs of children with

neurological and developmental conditions.

Modern Equipment's and Infrastructure:

The facilities which are presently provided at this set-up are:

- Functional Electrical Stimulation (FES), EMG biofeedback, Muscle Stimulators - to improve muscle activity, strength. It also helps in assessing quantitative data.
- Treadmill with harness support enabling early stepping by enabling special nerve networks called Central Pattern Generators (CPG) that control rhythmic stepping, improved integration for controlled and safe gait training also endurance building for sports specific training.
- Pediatric Neuro-Developmental Therapy (NDT) and Sensory Integration (SI) tools-such as vestibular balls, swings, bolsters, prone crawlers for functional skill development, posture correction, coordination, and balance training.
- Assessment tools for hands and fine motor development - such as Goniometers to measure joint range of motion, hand station for fine motor development.
- Spider cage, Thera bands, Thera tubes, and walking aids to encourage safe supported movement, postural alignment, and movement, building core stability, independent mobility, and progressive exercises.

This is a well-furnished room with bright lighting, wall paintings, padded mats, and organized storage making therapy both safe and engaging. This thoughtful set-up ensures children are not only supported physically but are also motivated in a vibrant, child-friendly environment. Thus, this set-up is not only a room with equipment's but a true hope for children with special needs.

Benefits for Children with Special Needs:

This facility will greatly benefit children with conditions such as Cerebral Palsy, Autism Spectrum Disorder, Down Syndrome, Learning disability and other Neurodevelopmental Delays.

Cerebral Palsy (CP): Children with CP often struggle with spasticity, poor balance, and limited mobility. Equipment like the spider cage, treadmill harness and FES will help improve strength, coordination, and independence in walking and daily activities.

Autism Spectrum Disorder (ASD): The use of sensory integration therapy by using adjunct tools such as swings, vestibular balls, and structured exercises can aid in sensory regulation, attention span and gross motor development, complementing behavioural and educational interventions.

Down Syndrome: Children with hypotonia (low muscle tone), ligament laxity, poor balance can benefit from muscle strengthening equipment, sensory inputs, by reducing floppiness, balance training and mobility aids to improve posture, reduce frequency of falls while walking or playing.

Other Neurodevelopmental Delays: Early physiotherapy intervention prevents secondary complications, enhances motor milestones and builds confidence in children to interact with their surroundings.

Early Intervention for a Brighter Future:

One of the most remarkable aspects of this facility is its focus on early intervention. Many developmental challenges, if addressed early, can be managed effectively, reducing long-term disability. With access to specialized Pediatric Physiotherapy from infancy, children will have a greater chance to:

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BY ABR ENGITECH

UPVC DOORS & WINDOWS

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Level Up Your New Beginning!!







Physiotherapy Therapy Set-up Contd.from page 15

- Achieve developmental milestones on time.
- Minimize complications like joint stiffness, contractures, or postural deformities.
- Develop independence in mobility and self-care.
- Improve social interaction and participation in school activities.
- A Step Towards Inclusion and Empowerment.

The set-up is more than just a therapy, it represents inclusion, empowerment, and dignity. Every session conducted here is an

investment in a child's potential, giving them the tools to move, play, learn, and grow like their peers. By combining advanced equipment with professional expertise, the facility will ensure holistic development and a brighter tomorrow for children with special needs. Hands on treatment approach focuses on functional development of the child such as sitting independently, reaching for objects, walking, climbing stairs, participation in society etc. Hence hands on practice on regular basis at least 4-5 sessions/week are mandatory for the development of the child in order to achieve milestones and prevent secondary complications like contracture or deformities.

PHYSIOTHERAPY CENTER & FACILITIES





Physiotherapy center is a well-designed space with specific treatment and common areas with essential Physiotherapy equipment's.



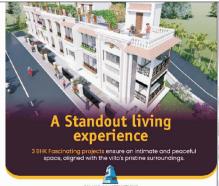


Physiotherapy equipment's including electrotherapy such as Functional Electrical Stimulation, biofeedback along with exercise tools, meets the unique needs of children with neurological and developmental conditions

Contd. page 16



Salkar Constructions is a real estate developer and building services provider located in Bicholim, Goa, specializing in comprehensive contracting and building solutions. They offer a range of services for construction and development projects, aiming to fulfill clients' visions with their expertise







Physiotherapy Center & Facilities Contd.from page 15

PHYSIOTHERAPY CENTER & FACILITIES



Spider Cage with other NDT equipment's



Well designed and equipped Consultancy Room



Partial Body Weight Gait Training System, Standing Frame



Parallel Bar System



Vestibular Swing, as one of the adjunct tool for Sensory Integration



Dumbbells



Bolsters & Scooter Board



Bolsters & Scooter Board



Hand Rehabilitation Tools

DAMODAR S. PRABHU

MEMBER CORPORATE CLUB FOR AGENTS AGENTS CODE NO.: 0033891F

Office: Vasudev Trade Tower - 2, Nr. Kadamba Bus Stand, Bicholim, Goa - 403504

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President Message Contd.from page 3

mission to face all the challenges, derived solutions and provide us with the resultant Therapy Center's which bears testimony of his effort.

Club members wanted to provide insights of this newly established facility to Rotarians of Districts and therefore we decided to release a **SPECIAL ISSUE** on this maiden Global Grant Project-" SMITA-bringing smiles". The editing efforts for this issue were led by our bulletin Editor Rtn Deepak Kadkade and was ably supported by Team of Doctor's at the Psychotherapy center's. This is the first time in the history of RCB that a Special Issue is released to celebrate implementation of a project.

In this ever-changing world of technological innovation, it is now up to the members to sustain this project by providing new innovated tools in field of Occupational Therapy, Audio and Speech Therapy and Psychotherapy Therapy along with continuous training modules to the dedicated team of Doctors and Staff. This will be the real success of our maiden Global Grant Project.

-Rtn Damodar

Reflection on Global Grant GG2465007 Smita Contd.from page 3

essential therapy setups and teacher training.

Personal Connection: The project is named after my mother, who is a mother to a special child herself, making it even more meaningful.

Acknowledgments: In this journey, I was assisted by many Rotarians who were equally responsible for the success of this project.

- International Primary Contact Rtn Joseph Ramos
- Grant Officer Rebecca Mendoza
- District Officer of RI District 3170
 - ✓ PDG Rtn Sharad Pai
 - ✓ PDG Rtn Dr VinayKumar Pai Raikar
 - ✓ Rtn Ajay Menon
 - ✓ Rtn Tanvi Sawant
 - Rtn Narsimha Joshi
- Management and Staff of Keshav Seva School for Special Children
- Special thanks to Rotary International and our own Rtn Vivek Popkar and all donors for their support.

Conclusion

As Paul Harris said, "Whatever Rotary may mean to us, to the world it will be known by the results it achieves." I hope this project showcases the impact Rotary aims for.

We serve top-notch food!!











094223 87905



Weddings



Birthday Event 顺 Family Events 顺 Office Event







H.no. 464, Near Nestle Company, Maulinguem, Bicholim-Goa Contact: 9021735619









TEACHER'S TRAINING PROGRAMME

This comprehensive workshop sessions are tailored for teachers engaged in the unique challenges of special education. This also aims to equip educators with the necessary skills, knowledge and confidence to navigate the diverse needs of their students effectively. These sessions empower the teachers to navigate their teaching responsibilities with heightened confidence. Providing them with self-help skills, a deeper understanding of how children develop and updated knowledge about disabilities not only refreshes their professional perspective but also prepares them to face challenges with exceptional expertise.

Purpose:

To train the teachers working with special needs to enhance pedagogical skills, to empower them for enhanced classroom as well as self-management.

Training Modules:

The training modules consist of following:

PHASE-I

Module-1: Understanding Developmental Milestones and Challenges (Duration – 4 hours)

➤ Reviewing regular developmental milestones and common challenges faced by special needs children

Module-2: New Trends in ADHD, ASD, ID (Duration-2 hours)

➤ Examining diagnoses, comorbidities and contemporary treatment plans for attention deficit hyperactivity disorder, autism spectrum disorder and Intellectual Disability

PHASE-II

Module-3: Role of Occupational Therapy (Duration – 2 hours)

- ➤ Understanding the significance of occupational therapy (OT) in special education
- > Materials, methods which can be incorporated
- ➤ Milestones and skills focused in OT across age 5-18

Module-4: Role of Speech Therapy (Duration – 2 hours)

- ➤ Exploring the impact and importance of speech therapy (ST) in supporting children with special needs
- ➤ Milestones and skills focused in ST across age 5-18

Module-5: Role of Counsellor (Duration – 1 hour)

➤ Recognizing the role and benefits of counselling in a special education setting

PHASE-III

Module-6: Academic Goals Planning (Duration – 4 hours)

- > Planning the curriculum as per unique set of children
- ➤ Guidance from a senior special educator on academic goal planning

Module-7: Use of Visuals in the Classroom (Duration – 4 hours)

- Classroom setup and resource organization (Schedules, Communication book etc)
- ➤ Understanding the pivotal role of visual aids in effective teaching.
- ➤ Visit by a senior special educator from a well renowned inclusive school can be arranged to observe and assist teachers to set up all the classrooms

PHASE-IV

Module-8: Behaviour Management (Duration – 6 hours)

- ➤ Identifying challenging behaviour's and their triggers
- > Importance of functional assessment
- > Practical solutions for effective behaviour management

PHASE-V

Module-9: Mindfulness for Teachers (Duration – 6 hours)

- Exploring personal values and their impact on teaching
- ➤ Emotional regulation techniques for teachers

 Introduction to self-help practices and mindfulness

PHASE-VI

Module-10: Role of Play/Music/Dance/Sports (Duration-2 hours)

➤ Understanding the importance of various activities for the holistic development of children with special needs

Module-11: Setting up Parent Support Groups (Duration – 2 hours)

➤ Exploring the importance of parent support groups and strategies for establishing them

The training modules will be conducted over a span of 10 months and will aims to equip the school team with a diverse set of skills, knowledge and resources to create inclusive and effective learning environment. The combination of practical strategies, expert insights and collaborative sessions will empower teachers to enhance the educational experience for children with special needs and mental well-being of teachers themselves.







FINANCIALS OF GLOBAL GRANT PROJECT

Name of the Project : "SMITA" - bringing Smiles

Global Grant Number : GG-24650007

Location : Keshav Seva Sadhana's Narayan Zantye

School for Special Children

Bicholim (North Goa)

Host Club : Rotary Club of Bicholim (District 3170)

Partner Club : Rotary Club of Lake Arrowhead

(District 5330)

Total Value of the Project: \$ 48217 (Rs 41,94,879)

(@ Conversion Rate of Rs 87 per Dollar)

FUNDING DETAILS

Rotary Club of Bicholim	\$ 22,894
World Fund (The Rotary Foundation)	\$ 11,200
District Designated Funds (DDF)	
 Rotary International District 3170 (India) 	\$ 07,000
 Rotary International District 5330 (USA) 	\$ 07,000
Rotaract Club of Bicholim	\$ 00,122
Grand Total	\$ 48,216

CONTRIBUTION FROM RCB MEMBERS

Rtn Sargam Falari	\$ 8651.00
Rtn Yogesh Falari	\$ 3000.00
Rtn Sachin Falari	\$ 2000.00
Rtn Swapnil Dixit	\$ 1500.00
Rtn Abhijeet Teli	\$ 1000.00
Rtn Attreya Sawant	\$ 1000.00
Rtn Damodar Prabhu	\$ 1000.00
Rtn Dr Kaustubh Patnekar	\$ 0633.00
Rtn Durgesh Karapurkar	\$ 0581.39
Rtn Parish Khanolkar	\$ 0574.71
Rtn Sagar Shetye	\$ 0574.71
Rtn Samir Falari	\$ 0574.71
Rtn. Vivek Popkar	\$ 0517.00
Rtn Sachin Salkar	\$ 0500.00
Rtn Vallabh Sallar	\$ 0500.00
Rtn Anand Desai	\$ 0287.00
Grand Total	\$ 22893.52





GLIMPSES OF INAUGURATION OF CLUB'S FIRST GLOBAL GRANT PROJECT ON 6th AUGUST



Rtn Tanvi Sawant presents a specially crafted pin to Rtn Sargam Falari (Rotarian who pioneered this Project)



Rtn Dr Samira Samir Falari innovatively compared the entire function



Photo for Remembrance: PDG Rtn Gaurish, Rtn Dr Vinaykumar, AG Rtn Ramesh Tiwari pose for group photo with Secretary of Keshav Seva Mr Laxman Behre



Chief Guest PDG Rtn Vinaykumar Pai Raikar felicitating Rtn Anup Gadgil who was instrumental for all the Architectural work of this project



President Rtn Damodar Prabhu handing over Memento to Guest of Honour PDG Rtn Gaurish Dhond



Rtn Sargam Falari hands over a Memento to Rtn Sagar Shetye (Chairman of Keshav Seva Sadhana, Richolim)

DEMONSTRATION OF THE CAPABILITIES



Occupational Therapy Set-up is provided with variety of equipment's and tools which is being explained to visiting delegates by Dr Namrata Chodankar (In-charge Occupational Therapy)



Occupational Therapy Set-up is provided with variety of Facilities provided in Physiotherapy set-up is equipment's and tools which is being explained to visiting being explained by In-charge Dr Neha Gaonkar



Dr. Deepaswi Sawant (In-Charge of Audiology and Speech Therapy) explains the features of equipment's provided in this therapy center